



# LENT

Sunday, April 14

## Palm Sunday



### For the Kids

How to Fold a Palm Cross in [10 easy steps](#)

### Come as you are to Jesus

Jesus doesn't demand perfection and is waiting for you this Lent.

[Click here](#) to read more

### Quiet Before God.

A heart that is quiet before God focuses only on God and divine qualities such as love, mercy, and peace and we concentrate on ourselves being wrapped up in those aspects of God's presence.

[Enjoy this video reflection](#)

### PALM SUNDAY

#### A Meditation based on Luke 22:14-23:56

*When the hour came..... (Luke 22:14)*

One of the best ways to read the story of Jesus' passion is to put ourselves in his shoes. First, Jesus watched one of his own apostles betray him with a kiss. Have you ever had someone smile at you on the surface but then do something to intentionally hurt you? If so, you have had a taste of the passion. Have you ever had your best friends abandon you in a dark time? If so, you have had a taste of the passion. If you ever had people make up lies and false accusations about you in an effort to destroy your reputation, then you have had a taste of the passion. If you have ever been the brunt of terrible jokes and pranks that hurt, then you have had a taste of the passion.

Was any of this fun? No. Did it hurt you deeply? Probably. Did you get angry, feel humiliated, harbour resentment? Likely. Did you want to get even? Maybe.

At the passion, if Jesus fell prey to one split second of resentment or one moment of anger, he would not have been able to save us. Everything would have been lost. But he didn't. Throughout this ordeal, as unjust as it was, Jesus acted like a lamb led to slaughter. He didn't defend himself. He didn't fight back. Instead, all Jesus did was say, "Father, forgive them" (Luke 23:34).

All of us will face false accusation or abuse or betrayal at some point in our lives. It's likely that most of us already have. As we hear the passion today, let's resolve to be as merciful as we can to everyone who has hurt us. ridiculed us, betrayed us, or tarnished our reputations. Let's also agree never again to undermine someone or hurt someone.

Reflecting on Jesus' passion naturally creates a moment of sorrow in us. It saddens us to see Jesus suffer and be mistreated so much. But it can also help us. We can look at the cross and ask God to help us be more forgiving - just as Jesus was.

#### Today's other Readings:

Luke 19:28-40

Isaiah 50:4-7

Psalm 22:8-9, 17-20, 23-24

Phillipians 2:6-11

*Let us Pray...*

*"Lord, help me to be like you."*