

*Welcome to the  
Catholic Parish of  
St Michael's Dungowan  
(Kootingal & Nundle)  
For  
Pentecost Sunday*

31<sup>st</sup> May 2020

**Sunday cycle A Weekday cycle 2**

Fr Christopher Onuekwusi – Parish Priest  
67662228 – St Nicholas'

**ENTRANCE:** The Spirit of the Lord has filled the whole world and that which contains all things understands what is said, alleluia.

**COMMUNION ANTIPHON:** They were all filled with the Holy Spirit and spoke of the marvels of God, alleluia.

**SPECIAL DAYS THIS WEEK: PSALTER: Week 1**  
Monday The Blessed Virgin Mary, Mother of the Church  
Wednesday Charles Lwanga & companions, martyrs  
Saturday St Boniface, bishop, martyr

**'I AM SENDING YOU.'** The disciples of Jesus were transformed when they received the Holy Spirit. They burst open the doors of the upper room, which they had locked in fear, and boldly proclaimed the Good News. May the Holy Spirit fill our hearts this Pentecost giving us the courage to break down the walls we have built around ourselves. May the Spirit free us to proclaim the peace, joy and forgiveness of God to everyone.'



**LITURGY OF THE WORD THIS WEEK:**

Monday Gen 3:9-15, 20 or Acts 1:12-14; Jn 19:25-34  
Tuesday 2 Pet 3:11-15, 17-18; Mk 12:13-17  
Wednesday 2 Tim 1:1-3, 6-12; Mk 12:18-27  
Thursday 2 Tim 2:8-15; Mk 12:28-34  
Friday 2 Tim 3:10-17; Mk 12:35-37  
Saturday 2 Tim 4:1-8; Mk 12:38-44

**BAPTISMS:** Baptisms have now resumed with a maximum of 10 people attending & the social distancing requirements followed. Call the Parish Office on 67662228 if you would like to make a booking.

**Our Parish Liturgy this Week:**

*(please ring the Parish office on 67662228 to put your name down for Mass as only 10 people can attend).*

Tuesday 7am Mass – Kootingal  
Thursday 5.30pm Mass – Kootingal  
Friday 8am Mass - Kootingal  
Saturday 9am & 5.30pm Precept Mass - Kootingal  
Sunday 8.30am - Mass Dungowan

Kootingal 1<sup>st</sup> Thursday of the month  
Anointing & Benediction during Mass

Dungowan 1<sup>st</sup> Sunday of the month  
Anointing during Mass

Dungowan 1<sup>st</sup> Wednesday of the month,  
7pm Mass with Benediction

Nundle Mass – 14<sup>th</sup> June – 10am

**ACT OF SPIRITUAL COMMUNION**

My Dearest Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
And I desire to receive You into my soul.  
Since I cannot, at this moment, receive You sacramentally,  
Come at least spiritually into my heart.  
I embrace You  
as if You were already there  
and unite myself wholly to You.  
Never permit me  
To be separated from You. Amen.

**ONLINE MASSES & RESOURCES:** There is a regular livestream Mass on Sundays at 10am by Bishop Michael Kennedy on the Diocesan website <http://armidale.catholic.org.au>. The Mass can also be seen via the Cathedral Parish Facebook page <https://www.facebook.com/SMJCathedral>.

**St Nicholas' Liturgy this week:**

*(Please ring the Parish office on 67662228 to put your name down for Mass as only 10 persons can attend).*

Monday St Nicholas' Mass 7am & 5pm  
Tuesday St Mary's Mass 9am  
Wednesday St Nicholas' Mass 7am  
St Mary's Mass 5pm  
Thursday St Mary's Mass 9am  
Friday St Nicholas' Mass 7am & 5pm  
Saturday St Nicholas' Mass 9am  
Vigil Mass 6pm  
Sunday St Nicholas' 9.30am & 5.30pm  
St Mary's 7.30am Mass

**TAMWORTH RECONCILIATION:**  
St Nicholas Church Saturday 4pm – 5.30pm

**The Holy Land Collection** which is usually held on Good Friday has now been moved to Sunday 13<sup>th</sup> September 2020.

**PRAYER TO OUR LADY OF THE ROSARY,  
PATRONESS OF THE DIOCESE OF ARMIDALE.**

Mother of God & Queen of the Angels. We fly to you today as your beloved children. We ask you to intercede for us with your Son, as you did at the wedding in Cana.  
Pray for us, loving Mother & gain for our Diocese, for our nation & for the world, the protection of you Son Jesus & of all his holy angels, that we may be spared the worst of the illness. For those already afflicted, we ask you to obtain the grace of healing & deliverance. Hear the cries of those who are vulnerable & fearful, wipe away their tears & help them to trust. May your Son deliver from all evil. Amen.

**ANNIVERSARIES: May**

Vincent Ajani, Narelle Ambrose, Sidney (Phil) Anderson, Dorothy (Rita) Arnold, Lawson Bettington, Margaret Booth, Michael Brooks Ronald Brooks, Leila Bryant, Dulcie Budsworth, Anthony Campbell, Laurence Cannon, Alice Clout, John Coyle, Marie Cross, Maxwell Dewberry, Ian Dorstein, Raymond Fitzsummons, Giuseppe Ferraro, Robin Gardiner, Marie Gonsalves, Shane Gregg, Robert Hall, Edward Hawkins, Rosealein Henderson, Edna Homewood, Suzanne Horan, Cyril Johnson, Norman Konz, Marlene Langenbaker, Michael Larkin, Barry Maher, Raymond Mahony, Steven Mamea, Jeanette Manconi, William Mason, Maria McCully, Ross McHugh, Norma McKenna, William McLean, Glen Merchant, Michael Vittorio, Gloria Mitchell, Carmel (Mary) Muller, Marie Nihil, Denis O'Callaghan, Nelva O'Shea, John Patterson, Mary Patterson, Natalia (Annette) Pindel, Eunice Presland, Alma Robinson, Bruce Robinson, Betty Shanahan, Keith Taylor, Pauli Thorpe, Salvatore Tizzone, Marie Tolmie, Joan Townsend, Eleanor Venning, Patrick Wall, Mary Woods.

**PLEASE PRAY FOR THE SICK:** Darren Graham, Margaret Brogan, Bill Press, Brindley Cavallaro (Sydney), Nicole Tierney, Pat Mooney, Ken Michell, Dalton Lewis, Dearn Law, Robyn Plunkett, Kevin Frost, Sarah Sommerlad, Vic & Colleen Hamilton, Trisha Aquino, Fr Bernie Flood, Selma Best, Glenda Gallagher, Bill Newton, Simone Vella, Michael Nealon, Betty Halpin, Kath Donoghue, Brian Brown (Narromine), Russell Tandy, John Graham, Mark Coates, Anne Davie, Anne Connolly, Fr John McHugh, Peter Belson, Deacon Peter Harrison, Peter & Margaret Young.

**SPECIAL INTENTIONS:** Vince Cavallaro (Anniv. 1/6).

**\*PRAYER FOR THE END OF THE CORONAVIRUS  
OUTBREAK\***

Almighty & merciful Father, who shows your love to all creation, we come before you asking for a quick control of the Coronavirus currently ravaging our world. Hear graciously the prayers we make for those affected by the virus in various parts of the world. Grant healing to the sick, eternal life to the dead & consolation to the bereaved families. We pray that an effective medicine to combat the sickness be speedily found. We pray for the relevant Governments & Health Authorities that they take appropriate steps for the good of the people. Look upon us in your mercy & forgive us our failings. We ask this through our Lord Jesus. Amen

Parishioners are encouraged to follow our Parish Facebook Page [facebook@stnicholasparish.org.au](https://www.facebook.com/stnicholasparish.org.au).

**First Reconciliation & First Eucharist** are suspended for now. A new date will be communicated later.

**The Sacrament of Confirmation** is also suspended for now. A new date will be communicated later during the year.

The Archdiocese of Sydney have developed an online tool for registering those who come to our churches. It can be used by parishioners in the Diocese of Armidale. To register the parishioner enters their name, email, phone number & selects from a drop down list their Diocese. A list of all Mass centres in the Diocese then appears & they can select which church or churches they attend. [MassRegister.com.au](https://www.massregister.com.au) provides a solution for the public health requirement of collecting the contact details of parishioners who visit our churches for prayer, confession & Mass. A member of the public needs to visit [massregister.com.au](https://www.massregister.com.au) just once, to provide their contact details, as well as the parishes they usually visit.

Fr Francis Afu has recently had a book published entitled "Capsule for the day" containing a short reflection for every day of the year. It is a significant achievement & we congratulate him. Capsule for the Day is a daily devotional that offers healing words in our world-a world created by God that is good but broken and wounded. It seeks to strengthen & guides us as we journey through life. You can get a copy from the following links:

<https://www.barnesandnoble.com/w/capsule-for-the-day-francis-m-afu/1136866002?ean=9781796008371>  
<https://www.bookdepository.com/Capsule-for-the-Day/9781796008371>

Parishioners who wish to continue their **Planned Giving** or support the Priests through the first collection could do so by setting up a Direct Debit. Details of Direct Debit/Electronic Transfer are:-

**DUNGOWAN PARISH**  
1<sup>st</sup> Collection (Priests)  
BSB : 082 105  
AC No : 001 023 683  
AC Name : Dungowan Presbytery

2<sup>nd</sup> Collection (Planned Giving)  
BSB : 082 105  
AC No : 001 003 263  
AC Name : Dungowan Parish

Those unable to set up an electronic transfer could drop the envelopes into the Parish Office at their convenience.



&  
**PLEASE STAY SAFE**



